**WHAT IS BOTOX INJECTION?**

Botox injection involves injection of botulinum toxin type A into the painful muscles under ultrasound guidance. The toxin helps to relax the muscles and thereby reduces pain.

**WHAT IS BOTOX?**

Botox is the trade name for botulinum toxin produced by Allergan. It is a prescriptive medicine.

**WHAT HAPPENS DURING THE PROCEDURE?**

The procedure may be performed under ultrasound guidance. The doctor will insert a needle into the affected muscle. The doctor would finally inject the medication into the muscle.

The procedure is performed under local anaesthetic and you will remain awake during the procedure.

**WHAT HAPPENS AFTER THE INJECTION?**

A nurse will monitor you for up to 30 minutes after the procedure.

You will be instructed not to drive for up to 24 hours after the injection or longer if you feel unsafe. You will need someone responsible to take you home.

You can generally return to work the next day but you should avoid heavy work and strenuous activity for up to 48 hours.

The procedure may not help in some cases. Your pain may be exacerbated for up to a week or sometimes longer from the injection. We always warn you about serious side effects including infection, nerve damage and bleeding but these are extremely rare. Botox may cause problems with swallowing, speaking or breathing due to muscle weakness.

The doctor will discuss these side effects in more detail when you sign the consent form.

**WHAT CONDITIONS CAN BE TREATED WITH BOTOX?**

Botox can be used for management of myofascial pain—pain arising from the neck muscles and back muscles. It is licensed for management of chronic migraine, upper limb spasticity, cervical dystonia, over active bladder, strabismus and blepharospasm.

**HOW DOES BOTOX WORK?**

The toxin works by blocking over-active nerve impulses that trigger excessive muscle contractions or glandular activity. The effect is temporary and may last from a few weeks to up to 6 months.

**HOW LONG CAN I EXPECT THE PAIN RELIEF TO LAST?**

The duration of pain relief is variable and difficult to predict. The injection may last from a few weeks to several months. The aim is to break the pain cycle to enable you to engage in a rehabilitative process, which is the mainstay of treatment for chronic pain.

**IS THERE ANYTHING SPECIFIC THAT I NEED TO INFORM THE DOCTOR ABOUT PRIOR TO THE PROCEDURE?**

You should always tell the doctor if you are pregnant or likely to be pregnant.

Always inform the doctor about any muscle or nerve problems you suffer from including myasthenia gravis, Lambert-Eaton syndrome and amyotrophic lateral sclerosis.

You should inform the doctor about any blood thinning medications that you might be taking. This includes Aspirin, Clopidogrel, Warfarin, Heparin and some of the newer ones like Rivaroxaban.

Finally always inform the doctor about your allergies, especially latex, iodine and medications.

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The above information is for general education only. Please ask specific questions to the doctor during your consultation.
PROCEDURES WE OFFER

LUMBAR EPIDURAL INJECTION
CAUDAL EPIDURAL INJECTION
LUMBAR FACET JOINT INJECTION
CERVICAL FACET JOINT INJECTION
THORACIC FACET JOINT INJECTION
DORSAL ROOT GANGLION BLOCK
NERVE ROOT BLOCK
LUMBAR FACET RADIOFREQUENCY DENERVATION
CERVICAL FACET RADIOFREQUENCY DENERVATION
TRIGGER POINT INJECTION
SACRO I LIAC JOINT INJECTION
COCYX INJECTION
GANGLION IMPAR BLOCK
PIRIFORMIS INJECTION
INGUINAL NERVE BLOCK
PUDENDAL NERVE BLOCK
JOINT INJECTION
OCCIPITAL NERVE BLOCK
PULSED RADIOFREQUENCY TREATMENT
INTERCOSTAL NERVE BLOCK
RECTUS SHEATH BLOCK
TROCHANTERIC BURSA INJECTION
ISCHIAL BURSA INJECTION
ILIO LUMBAR LIGAMENT INJECTION
QUADRATUS LUMBORUM INJECTION
ACHILLES TENDON INJECTION
PLANTAR FASCIA INJECTION
GENICULAR NERVE BLOCK & RF NEUROTOMY OF KNEE JOINT
SUPRASCAPULAR NERVE BLOCK
BOTOX INJECTION
PLATELET RICH PLASMA THERAPY
TENNIS ELBOW INJECTION
GOLFER’S ELBOW INJECTION
SUPRASCAPULAR NERVE ABLATION
BOTOX FOR MIGRAINE
CERVICAL MEDIAL BRANCH BLOCKS
LUMBAR MEDIAL BRANCH BLOCKS
STELLATE GANGLION BLOCK
HIP JOINT COOLED RADIOFREQUENCY ABLATION
INGUINAL NERVE ABLATION
LATERAL FEMORAL CUTANEOUS NERVE BLOCK
GREATER AURICULAR NERVE BLOCK
BOTOX FOR BACK PAIN

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EMAIL: clinic@painspa.co.uk • CONTACT: 07703292692
WEBSITE: www.painspa.co.uk • FAX: 0117 2140301